



## 15 Systematic Reviews of Sex Education Effectiveness

15 Systematic Reviews of Sex Education Outcomes: 2018 - 2025	Included studies	Studies of school-based CSE (SBCSE)	SBCSE showing effectiveness <sup>a</sup>	New evidence for SBCSE effectiveness?
Marseille, 2018	21	13	1	NO
Mirzazadeh, 2018	9	4	1	NO
Morales, 2018 <sup>b</sup>	63	55	0	NO
Koruk, 2019	13	5	0	NO
Evans, 2020	29	5	0	NO
Akmala, 2021 <sup>b</sup>	12	8	2	NO
Loureiro, 2021	56	14	1	NO
Goldfarb, 2021	88	16	0	NO
Bordogna, 2021/3	29	11	0	NO
Juras, 2022	52	25	0	NO
Kim, 2023 <sup>b</sup>	34	11	0	NO
Barriuso-Ortega, 2024 <sup>b</sup>	47	20	0	NO
Niland, 2024 <sup>b</sup>	27	25	0	NO
Pivazyán, 2025 <sup>b</sup>	9	9	1	NO
Sierra-Yague, 2025	14	13	0	NO

a. In a scientifically credible study, the program produced a significant reduction in teen sexual risk behavior (increased condom use, or reduced sexual activity/ pregnancy/STDs) for the targeted youth population, that lasted at least 12 months post-program, without also showing negative effects in other studies.

b. Both USA and Non-USA studies were included.

### Citations

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